



American Association of Family Consumer Sciences
Texas Affiliate

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Connecting Professionals - Touching Lives

Fall/Winter 2015

Dear Member,



President's Message
Joyce Armstrong, CFCS

Greetings on behalf of your 2015-16 AAFCS-TX Board of Directors and Officers! We officially started our term June 1, 2015 and we are honored to represent you on the Board. Over the past 90 days, we have been actively engaged in program planning and evaluation with a number of us attending the AAFCS 106th Annual Conference & Expo in Jacksonville, Florida in June where we got an opportunity to enhance our leadership skills through attending sessions, presenting research, and facilitating sessions. We came back from national energized and prepared for our first full assembly meeting of the Board that was held on July 24-25 in College Station. We had a jam-packed weekend of planning, reporting, and sharing in which an overall theme of sustainability emerged for our state association. We looked at who we are and where are we going while reflecting on our past and visioning our future.

Officers and leaders aligned their program goals, strategies, and outcomes with national strategic priorities (a) advocacy and collaboration, (b) education and recognition, and (c) research and innovation; thus forming a framework for statewide strategic direction plan. As members, what can we do to support the sustainability of our state association through continued legacy building? Here are a few of my thoughts.

1. Stay informed by visiting our website at <http://www.tafcs.org/> and the national website at <http://www.aafcs.org>.
2. Stay abreast of your membership status, including your credential (CFCS, CFCS-HDFS, CFCS-HNFS, and CPFFE).
3. Attend one of the fall district meetings.
4. Serve as a volunteer at one of the meetings.
5. Serve as a mentor to a student, new member, and/or professional.
6. Share your story of the benefits of being an active member of your state association.
7. Share your expertise with others when the door of opportunity opens.
8. Submit a journal article proposal to one of the state and/or national publications.

9. Submit a conference proposal to present a session at the state and/or national conference.
10. Participate in a webinar through national.
11. Submit a proposal for a webinar.
12. Serve as a reviewer on one of the state or national publications.
13. Plan to attend the state and national conferences.
14. Volunteer to serve on a committee at the district, state and national level.
15. Participate in FCS Day on December 3, 2015.
16. Support the FCS Educator Teacher Shortage Initiative: Filling the FCS Educator Pipeline.
17. Nominate someone for one the state awards.
18. Think about ways you can support the state association through fund development.
19. Get involved with one of the communities of interest, subject matter or professional practice.
20. Think about ways you can support HUGS.

Are you interested in adding an idea to the list? If so, email me at tjarmstrong@twu.edu.
Joyce Armstrong, CFCS
AAFCS-TX Affiliate President 2015-2016

98th Annual State Conference
February 17-20, 2016

BEST WESTERN PREMIER Old Town Center
1920 Austin's Colony Parkway | Bryan | TX | 77802

MAKE YOUR RESERVATION EARLY

AAFCS-Texas has a limited number of reservations that can be made at the discounted rate of \$102.00/night and after those are reserved then the discounted rate will be \$107.00/night. The block is ready for booking and guests will need to use the booking instructions below:



Phone-in to 979-731-5300 (PRESS 3) and reference the group name American Association of Family and Consumer Sciences or the group code AAFCS.

The discounted rate is open through Friday, January 22, 2016.

Once all blocked rooms are booked another hotel will be selected.
Please contact Janet Rodriguez, AAFCS-TX Executive Director
at txaafcs@gmail.com
if help is needed in making a reservation.

From Jay Yoo, VP Academic Affairs

Reviewers, proposals for presentations for the AAFCS-TX Affiliate 98th Annual Conference and manuscripts for the TAFCS Journal are needed.



Click link for more information.

[Call for Presentations and Interest Concurrent Sessions](#)

[Call for Journal Manuscripts](#)

[Call for Reviewers](#)

Contact Jay at jay_yoo@baylor.edu.

BEST OF AAFCS-Texas

Why not nominate a person for one of the AAFCS - Texas Affiliate awards!

Stop and take the time now to recognize colleagues for their work in FCS. Do not be bitten by the procrastination worm or the I-forgot bug. Do it NOW and honor our deserving members.

All Texas award nominations should be sent by November 1, 2015 to Karen Alexander, VP Member Relations at karen.alexander@ttu.edu.

Recipients will be honored in the following award categories at the State Conference Best of AAFCS-Texas Awards Dinner on February 19, 2016 in Bryan, Texas.

- Professional of the Year - has made major contributions to the FCS profession, displayed leadership abilities, been active in the association, and is highly respected by her/his peers
- Leader of the Year - has completed more than eight (8) years of service to the field through their involvement in AAFCS.
- New Achiever - has at least three (3) but no more than eight (8) years of service to the field through their involvement in AAFCS.
- Texas Teacher of the Year (and then submitted to National) - FCS elementary and secondary teachers who have exemplary programs and/or teaching methods and techniques.
- Friend of the Family - an individual or organization involved at the local or state level in the policy-making process whose work over time has made significant contributions that affect the well-being of Texas families.
- Light for Texas Families - FCS professionals, community leaders, students and friends of the family volunteers who, through their work or community service, provide a valuable light and voice to families.
- Mabel Erwin Membership - have belonged to AAFCS for 40, 50, or 60 years.

Nomination forms may be found at www.tafcs.org under Awards on the blue menu bar. For student awards, scholarships and stipends look under Scholarships and Stipends on the menu bar. Selection will be made prior to December so that

nominees may submit for appropriate national award counterparts.

Please let Karen know if you and/or a colleague are eligible for one of these prestigious awards this year! Stop and take the time now to recognize colleagues for their work in FCS.

Professional Assessment and Certification

Since 1987, the American Association of Family & Consumer Sciences (AAFCS) has administered the Professional Assessment and Certification program, which measures competencies of professionals and awards certifications to those who pass assessments and meet other requirements. Whether you are a new professional or seasoned veteran, validate your professional expertise through the AAFCS competency examination system. These national competency exams also meet a major requirement for obtaining corresponding professional certifications. At the Texas state conference in February, you can sit for one of four exams, each corresponding to one of the four certifications:

- CFCS: Certified in Family and Consumer Sciences
- CFCS-HDFS: Certified in Human Development and Family Studies
- CFCS-HNFS: Certified in Hospitality, Nutrition, and Food Science
- CPFPE: Certified Personal and Family Finance Educator

Check the AAFCS website for more information about the assessments and certifications and to access assessment materials. The cost for paper-based testing (PBT) at the Texas Affiliate conference is \$95.00. Assessment administration will be on Saturday, February 20 from 1:00-4:00 PM. Registration for these assessments are not listed on the conference registration form. To register for paper-based testing (PBT) at the Texas state conference click <http://www.rsvpbook.com/aafcsptbregistration>. Registration is now open and will close on January 31, 2016.

MEMBERSHIP

AAFCS-TX Your Professional Organization!

Frances Hare, CFCS, Retired
Vice President Membership



Do you remember the old saying - "No deposit, no return"? To me, that applies to our personal membership in any organization, but especially with AAFCS-TX. What you receive in benefits (the "return") from any organization is directly related to how much you participate (the "deposit") in that organization.

In addition to the formally stated benefits, the best "return", in my opinion, is the opportunities to actively participate on the state/local level to develop leadership skills and to meet and develop relationships with other FCS professionals. Attending district meetings and state conference, serving on a committee or serving as an officer, provides opportunities to know members that you would otherwise not know. Lasting friendships develop. Last summer a survey of members' reasons for continuing membership in AAFCS revealed that members especially value the support and personal contact with professionals in other areas of FCS. There is synergy from our combined FCS disciplines that is missing from other organizations.

"No deposit, no return" - I challenge each of you to make your "deposit" into AAFCS-TX by doing one or more of the following: renew your membership on time; attend your district meeting this fall; volunteer to serve on a committee or run for an office (contact Joyce Armstrong); vote during the officer election in January; attend the state conference in Bryan, February 18-20; read every article in the Action newsletters; contribute to HUGS (subsidizes dues for student members); nominate a member for a state award (www.tafcs.org/awards); visit our website www.tafcs.org and our Facebook page www.facebook.com/aafcstx

Your "return" will be a sense of commitment to AAFCS-TX and the FCS profession as well as lasting friendships with other Texas FCS professionals.

District News

Hope you received the District Meeting email. Here is a reminder of the upcoming meetings.

Northeast District Meeting

Sandra Fowler, Chair

Date: Friday, September 11, 2015

Time: 9:00am to 3:00pm

Location of Meeting: Rick's Chophouse at the Grand Hotel 114 W. Louisiana Street, McKinney, TX

PDU Hours: 4.5

Online registration began on September 1 and will close on September 7, 2015.

Deadline for Early registration was September 1, 2015 but you can still make plans to attend: [NE District Registration Form](#).

Southeast District Meeting

Angela McCorkle, Chair

Date: Friday, October 16, 2015

Time: 9:00am to 3:00pm

Location of Meeting: Campus of Prairie View A&M University
100 University Drive in Carden-Waller Building

Coming Soon - Final Program Announcement and Online registration

[Southwest District Meeting](#)

Angelina Bencomo, Chair

PDU Hours: Available

The Southwest District meeting is building partnerships. This year's SW District meeting is being held with New Mexico's AAFCS State Affiliate in Las Cruces, New Mexico on October 16-17, 2015. The conference theme is "Sharpening FCS Professional Skills to Build Strong Families". [New Mexico Registration Form](#)

[Northwest District Meeting](#)

Karen Alexander, Chair

Date: Thursday, November 12, 2015

Time: 3:45pm to 6:15 pm

Location of Meeting: Byron Martin Advanced Technical Center, 3201 Avenue Q, Lubbock, TX 79411

Theme: Building the Pipeline to Sustain Family and Consumer Sciences

PDU hours: TBA

NO REGISTRATION NEEDED! For space purpose only; contact Karen Alexander at

[806-834-2212](tel:806-834-2212) or karen.alexander@ttu.edu

University News

AAFCS Community of Partners in Home and Community (PHC) was pleased to award the 2015 Betsy Norum Subsidy at the Business & Entrepreneurship/Partners in Home & Community (PHC) Joint Luncheon in Jacksonville, Florida in June during the 106th Annual AAFCS Conference.

Kaitlyn Scott a junior at Texas Tech University in Lubbock, Texas, received the award, which enabled her to attend the AAFCS conference for the first time.

She considers FCS not just a degree but a way of life to positively influence others' lives. Kaitlyn plans to teach in the US a few years and then become a missionary, opening a non-profit with her fiancé that will teach men how to drill water wells and teach women about hygiene and other FCS topics to help families have a better life.

Members of the AAFCS Community of PHC realize that undergraduate student members of AAFCS may have financial constraints that prevent them from attending the AAFCS Annual Conference and Expo. The contacts, content, and stimulation derived from the wide variety of programs and activities offered provide important experiences for the pre-professional majoring in one of the varied areas encompassed by FCS. This subsidy of \$500 is awarded annually to an AAFCS student member to attend the AAFCS Annual Conference & Expo. This subsidy has been given annually since 1995 in memory of Betsy Norum, Minnesota, National Home and Community Chair, 1968-1970.

To be eligible for this award the undergraduate student must be a:

1. student member of AAFCS
2. current college junior
3. first-time attendee at the AAFCS Annual Conference & Expo

PHC encourages all college juniors to apply for the student subsidy if they plan to attend the AAFCS National Conference & Expo in Bellevue, Washington as a first time conference participant. Next year's application will be available on the AAFCS website at www.aafcs.org Student Section and on the TAFCS website www.tafcs.org after January 2016. Application deadline is April 1, 2016.

New Chair for Family and Consumer Sciences, Sam Houston State University

The Department of Family and Consumer Sciences at Sam Houston State University is very pleased to announce that Dr. Susan A. (Sue) Reichelt has joined the department as Chair and Teacher Educator, effective July 1, 2015. Dr. Reichelt comes to the department from Winthrop University in South Carolina. She is familiar with Texas, having been a Teacher Educator at Texas Tech during the 1990s. We are excited that she has joined the SHSU faculty, and she looks forward to connecting with members of the AAFCS - TX Affiliate. She may be contacted through email at sreichelt@shsu.edu.

Mark Your Calendar

Save the Date--June 22-25, 2016

**AAFCS 107th Annual Conference & Expo
Improving the Health and Well-Being of a Changing Society**

Bellevue (Seattle area), Washington

Thank you to all contributing writers.

Follow us on



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